



28th

ANNUAL CONGRESS
EUROPEAN CHILDHOOD
OBESITY GROUP

PORTO – PORTUGAL

14 - 17 NOVEMBER 2018





PRELIMINARY PROGRAM

Wednesday, Nov.14th

- 13h30 **Registration/ Secretariat Opening**
 14h00 **Symposium**
 14h45 **Round Table 1 | Emerging Pathomechanisms**
- Microbiome signature
 - Sleep pattern: quality and duration: Role of xenobiotics and endocrine disruptors
- 16h00 **Plenary Session: Obesity – An energy crisis**
 16h30 **Opening Ceremony**
 17h00 **Networking Cocktail**

Thursday, Nov. 15th

- 08h00 **Oral Presentations 1|2|3**
 09h00 **First Brazilian Satellite Symposium (ABRAN)**
 09h45 **Round Table 2 | “Novel” diets**
- Nutraceutical: is there any support for recommendation?
 - Rich fructose diets: the bad wolf?
 - “Anti-inflammatory diet”: where are we?
- 11h00 **Coffee Break | E-Posters**
 11h30 **Round Table 3 | Cell metabolism dysfunction: could it be improved?**
- Probiotics
 - Vitamin D
 - Antioxidants
- 12h45 **Lunch**
 14h00 **Round Table 4 | Football is medicine**
- Cardiovascular comorbidity reduction -
 - Skeletal muscle adaptations
 - As a motivation factor
- 15h15 **Round Table 5 | Obesity-related behaviors**
- New technologies in obesity intervention
 - Parent feeding behaviors and child appetite
 - Eating disorders and obesity

16h30 **Coffee Break | E-Posters**

17h00 **Round Table 6 – T2DM**

- Progression
- Prevalence
- Treatment

20h00 **Congress Dinner (Optional)**

Friday, Nov. 16th

08h00 **Oral Presentations 4|5|6**

09h00 **Meet the Expert: Case Studies**

- Metabolic Comorbidities
- Psychological Issues

09h45 **Round Table 7 | EASO Guidelines (TBC)**

11h00 **Coffee Break | E-Posters**

11h30 **Round Table 8 | First Middle East Satellite Symposium**

- Thinking prevention big: ending childhood obesity zones in arab countries

12h45 **Lunch**

14h00 **Round Table 9 | Hidden Comorbidities**

- The kidney
- The liver
- The lung

15h15 **Discussion Groups | The obese adolescent**

- How to manage?
- What are the goals?
- When bariatric surgery

16h45 **Farewell Porto and Awards Ceremony**

17h15 **ECOG General Assembly**

Saturday, Nov. 17th

08h30 - 18h00 **Curso Avançado em Obesidade Infante-Juvenil (In Portuguese)**